



OUTDOORMIX FESTIVAL

2025

SPORTS REGULATION LONGBOARD



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1. GENERAL

The *Longboard Freeride* and *Longboard French Championships* events are organized as part of the 2025 Outdoormix Festival, taking place from Friday, June 6 to Monday, June 9, 2025.

These events are co-organized by the *Association de loi 1901 WeAreHautesApes*, represented by its president Mr. Clovis Brice and the *French Federation for Roller and Skateboarding (FFRS)*.

Any competitor taking part in one of these events must have read the following sports regulation. They undertake to submit unreservedly to all of its prescriptions for the four days of the event

Check-in and registration close 2 hours before each competition.

2. EVENTS

2.1. Longboard Freeride

The *Longboard Freeride* is a friendly gathering taking place from the 6th of June to the 9th of June, 2025, on the Les Orres road, especially closed for the event.

The road connects Embrun, to the resort of Les Orres, and is a 5 minutes drive (30 minutes walk) from the event village. The road is almost 3 km long, with a negative elevation of 250 m and includes 5 hairpin turns. The average slope is around 8.3%.

2.2. French Championships

The *French Championships* will take place on the road connecting Embrun to the resort of Les Orres. The event includes a qualifying round followed by a finale.

The *French Championships* pass will grant access to the *Freeride* event on Friday and Saturday, since the competition officially starts on Sunday.

The first qualifying round will be timed, and the finale will take the form of a boarder cross.

The prize ceremony will take place in the event village.

2.3. Program

FRIDAY, JUNE 6	Freeride : 10:00 a.m. → 06:00 p.m.
SATURDAY, JUNE 7	Freeride : 09:00 a.m. → 06:00 p.m.
SUNDAY, JUNE 8	Freeride : 09:00 a.m. → 05:00 p.m. French Championships : 09:00 a.m. → 05:00 p.m.
MONDAY, JUNE 9	Freeride : 09:00 a.m. → 02:00 p.m. French Championships : 09:00 a.m. → 04:00 p.m. ▷ Podiums : 6:30 p.m.



3. ACCESS AND MANDATORY EQUIPMENT

3.1. Access to the competition

It is possible to register to the *Freeride* event on the following conditions:

- Providing an FFRS (*French Federation for Roller and Skateboarding*) Licence - mentioning the ability to practice longboarding
- Providing a medical certificate stating that the participant is able to practice longboarding. The document must be less than 3 years old during the event. Participants registering with a medical certificate will have to pay an additional fee of €10, corresponding to the purchase of a temporary insurance.

It is possible to register to the *Freeride* event on the following conditions:

- Providing an FFRS (*French Federation for Roller and Skateboarding*) Licence - mentioning the ability to practice longboarding

Registration to the longboard events is individual, nominative and non-transferable. No partial or full reimbursement will be given by the organisation. The minimum age to take part in the longboard events is 14.

In order to take part in the longboard events every contestant must have paid the registration fee (on the event website www.outdoormixfestival.com or at the event reception desk), given the mandatory documents and be equipped with the mandatory equipment. On top of that, underage contestants will have to present a parental authorization.

Before going to the events, every contestant must check-in at the event reception desk.

3.2. Authorized equipment

3.2.1. Longskate

The weight must not exceed six (6) kg.

The maximum length is one hundred and fifty (150) cm.

The maximum width is fifty (50) cm.

3.2.2. Streetluge

The weight must not exceed twenty-five (25) kg.

The maximum length is three hundred (300) cm.

The maximum width is sixty (60) cm.

The front and rear of the streetluge must be equipped with a shock-absorbing protection if the streetluge is heavier than six (6) kg.



3.2.3. Rollers

Rollers made of two parallel sets of wheels, or made of maximum 6 aligned wheels are accepted during the events. The following criteria must be met:

- The rollers' length must not exceed fifty (50) cm
- The wheels must be correctly attached to the skates
- The mounting axles must not protrude from the wheels or plates.
- Any mechanical braking system is prohibited.

3.2.4. Buttboards

Buttboards are to be made of a single piece of wood meeting the following criteria:

- The length must not exceed a hundred and twenty-five (125) cm
- The width must not exceed thirty and a half (30,5) cm
- The wheels' diameter must not exceed seventy (70) mm
- The wheels must not protrude from the board

3.3. Prohibited equipment

3.3.1. Drift Trike

Drift Trikes are not allowed during the Longboard events.

3.4. Mandatory equipment

3.4.1. Freeride

The riders must wear the following equipment:

- Full face helmet
- Elbow protectors
- Knee protectors
- Back protector
- Gloves and pucks

Wearing a full bodysuit is highly recommended

The organiser would like to remind you that the protections are mandatory to ensure your own safety, and advise you to keep them on even when you are not riding.

3.4.2. French Championships

Every contestant (except the ones using rollers) must wear:

- A full bodysuit
- A certified helmet (CE norm)
- Gloves
- Back protector



The organiser would like to remind you that the protections are mandatory to ensure your own safety, and advise you to keep them on even when you are not riding.

3.5. Minimum level

In order to take part in the longboard events, every contestant must know how to brake and how to turn. The race marshall has the right to take out of the events any contestant deemed inexperienced and dangerous to others.

Beginners should not take part in the longboard events, as the road is not easy to maneuver in.

No reimbursement will be made in the event of a contestant retiring from the competitions due to their lack of experience.

4. COURSE / MARKINGS / STOPWATCH

The course takes place on the road connecting Embrun to the resort of Les Orres. The road is almost 3 km long, with a negative elevation of 250 m and includes 5 hairpin turns. The average slope is around 8.3%.

The road is closed during the events. Nets and mats are set up along the road to ensure the riders' safety.

The start and finish lines are physically marked.

The race management reserves the right to modify the route at the last minute for safety reasons. In this event, riders will be informed.

The race director is in charge of the security of the riders during the competition. He is the one in charge of issuing time outs and sanctions. The race director will also be nominated Technical Representative if no one else has been nominated beforehand.

Penalties will be issued as such:

- Staying on the road during the event or going uphill: disqualification
- Disobeying to the race marshalls: disqualification
- Riding downhill while riders are driven back up: disqualification
- Refusing to wear the mandatory equipment: disqualification

This list is non-exhaustive and the race director can issue other penalties as he sees fit.

Signallers will be posted along the road to ensure the safety of all riders.

Contestants must be aware of the risks related to this sport.



5. PODIUMS & PRIZES

At the end of the event, a podium will reward the top three finishers. The various rankings, based on competitors' gender and age, will be posted in front of the event village reception desk. Prizes will be awarded to the top three finishers in each category and gender, based on the overall ranking:

- Longboard
- Streetluge & Buttboard
- Rollers

The organizer reserves the right to distribute the prizes as he sees fit.

Competitors must attend the prize-giving ceremony. Prizes will not be given to a third party and will not be sent by post, with the exception of prize money, for which a transfer may be made after the event.

For every category, a podium will be held only if there are more than 5 contestants in each category.

6. INSURANCE AND LIABILITY

The organization takes out insurance covering its own civil liability as organizer, those of its employees and those of people volunteering to help organize the event. "Individual accident" insurance is also taken out to cover bodily injury to participants themselves, as well as accidents caused to third parties.

Participants are responsible for their own medical and hospitalization expenses (personal insurance). The organization declines all responsibility for loss, theft or damage to material or individual equipment, and cannot be held liable under any circumstances. No reimbursement will be made if a participant withdraws during the race.

7. CANCELLATION AND COMMITMENT

The organization reserves the right to modify the present rules at any time, in order to ensure the interest and safety of the participants. In the event of force majeure, the organization reserves the right to cancel or interrupt the longboard event, and will not be entitled to any reimbursement. Registration for the competition implies full acceptance of the present regulations. Failure to comply with these rules may result in the withdrawal of the competitor's number.

WARNING: in the event of force majeure or bad weather, the organization reserves the right to move the events. No reimbursement will be made in the event of a competitor's non-attendance at the modified event times.

As an Outdoormix Festival contestant, you are the image of your sport and of the event. We therefore ask you to respect the staff, the public and other participants, as well as the equipment, structures and cleanliness of the site. Failure to comply with these rules of good manners may result in



sanctions being applied by the Race Steward (help with cleaning or repairs, distribution of goodies, or even criminal sanctions if the Race Steward deems that the offence requires referral to the appropriate authorities).

For "FULL PASS" purchases, concert evenings are included in the pass. In the event of concert cancellation, no refund will be made.

8. COMPLAINTS

Complaints concerning the conduct of the event or the behaviour of other competitors must be submitted in writing and signed by the competitor within 60 minutes of the facts being established. Complaints concerning the ranking must be submitted within 30 minutes of the results being announced and posted.

9. RESPECT FOR THE ENVIRONMENT

In order to respect the environment and the natural spaces crossed, it is strictly forbidden to leave waste (paper, packaging, plastic...) on the site. Garbage cans will be available and must be used by competitors.

10. IMAGE RIGHTS

By participating in the longboard events during the 11th edition of the Outdoormix Festival to be held from June 6 to 9, 2025, each participant expressly authorizes the organizer to use or reproduce his or her name, image, voice and sporting performance in connection with this event.