



SPORTS REGULATION 2024

LONGBOARD FREERIDE

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1. GENERAL INFORMATION

The "LONGBOARD FREERIDE" event is organized as part of the 10th edition of the Outdoormix Festival, taking place from Friday, May 17 to Monday, May 20, 2024.

This event is co-organized by the association of law 1901 WeAreHautesAlpes, represented by Mr. BRICE Clovis as co-president, and the French Federation of Roller and Skateboard (FFRS).

All competitors taking part in this event are expected to be familiar with the present regulation and respect it.

Check-in and registration close 2 hours before each freeride.

2. FREERIDE

2.1 Description

The event will take place from Friday, May 17 to Monday, May 20, 2024. It's a freeride event on the "Les Orres" road. The road leads to the resort of Les Orres, a five-minute drive and a thirty-minute walk from the Embrun lake.

It is about 3 km long, with a negative gradient of around 250 m and 5 hairpin bends. The average slope is 8.3%.

2.2 Program

FRIDAY, MAY 17	10 a.m. → 6 p.m.
SATURDAY, MAY 18	9 a.m. → 6:30 p.m.
SUNDAY, MAY 19	9 a.m. → 5 p.m.
MONDAY, MAY 20	9 a.m. → 4 p.m.

3. MANDATORY REQUIREMENTS AND EQUIPMENT

3.1 Conditions of participation

Access to the Freeride is open to all, FFRS licensees and non-licensees alike, under the conditions defined as follows:

- Competitors holding a license issued by the **Fédération Française de Roller et Skateboard** (French Roller and Skateboard Federation), mentioning their ability to practice longboarding, may take part. They must provide their license or a legible photocopy.
- Non-licensed skaters will also be able to take part in the Freeride, provided they can provide a **medical certificate*** stating that they are able to practice longboarding, or an **international**

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Sports/Travel Insurance**.

** The certificate must be less than 3 years old at the time of the event. An additional fee of €10 will be charged on registration.*

*** The insurance must cover the rider in France.*

All registrations are individual, nominative and non-transferable. No total or partial reimbursement will be made by the organization. The minimum age requirement is 14 years.

To be allowed to take the start, each competitor must have paid the registration fee for the event (on the website www.outdoormixfestival.com or at the **event reception desk**), have submitted the necessary documents and be equipped with the required material. Minors are also required to provide parental authorization for longboarding in addition to all other documents.

Before setting off on the races, **each competitor must check in** at the event village reception desk.

Please note that participants who fail to check-in will not be allowed to take part in the event.

3.2 Equipment

3.2.1 Longskate

Total weight must not exceed six (6) kg.
Maximum length is one hundred and fifty (150) cm.
Maximum width is fifty (50) cm.

3.2.2 Streetluge

Total weight must not exceed twenty-five (25) kg.
Length must not exceed three hundred (300) cm.
Maximum width is sixty (60) cm.
The front and rear of the sled must have a shock-absorbing pad, if the sled exceeds six (6) kilos.

3.2.3 Rollers

Rollerblades with two pairs of parallel wheels or with a maximum of 6 in-line wheels are accepted. The following criteria must be met:

- Their length must not exceed fifty (50) cm (axis to axis).
- Skates must be firmly attached to the shoes.
- Fixing pins must not protrude beyond the wheels or plates.
- All mechanical braking systems are forbidden.

3.2.4 Buttboards

Buttboards must be made from a piece of wood no more than a hundred and twenty-five (125) cm long and thirty and a half (30.5) cm wide, with wheels up to seventy (70) mm in diameter and trucks and wheels that do not protrude beyond the board.

3.2.5 Drift Trike

Drift Trikes are strictly forbidden to ride on the freeride track on the 'Les Orres' road during the

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scheduled freeride times, i.e. between 9 a.m. and 6 p.m. between Friday, May 17 and Monday, May 20, 2024.

3.3 Rider Equipment

Full-face helmets, elbow pads, knee pads, back protectors, gloves and pucks are **mandatory**. Full-body suits are strongly recommended.

We remind you that the purpose of protective gear is to protect you, and we recommend that you keep it on even when you're not on the road.

3.4 Minimum level of practical experience

Each participant must know how to brake and steer. The referee reserves the right to stop any participant deemed dangerous to others (e.g. true beginners with less than 15 to 20 hours of experience).

Real beginners please refrain. The organizer will not reimburse any longboard pass in the event that a participant does not have the level to ride the freeride slope. It is the responsibility of each rider to keep informed of the level of the descent.

4. COURSE / MARKERS / STOPWATCH

The Freeride course is 3 km long, with a 250 m negative gradient and 5 hairpin bends. This course is unique and must be rode on by every participant.

The road is closed during the participants' descent. Nets and mats will be installed along the course to ensure safety.

The start and finish of the course are physically marked by installations.

The Race Director reserves the right to make last-minute changes to the course for safety reasons. In such cases, messages will be broadcast over the public address system.

The Race Director is responsible for controlling the sporting and safety aspects of the competition. The Race Director alone is specifically responsible for time-outs for mechanical problems and the application of penalties. He will also act as Technical Delegate (TD) if no one else is in charge.

The following penalties will be applied:

- Parking on the course or driving in the opposite direction on the track: disqualification.
- Refusing to comply with a Marshal: disqualification.
- Dismounting while the riders are remounting or while the road is being opened: disqualification.
- Failure to wear mandatory protective gear during the race: disqualification

This list is not exhaustive, and any penalty can be imposed by the Race Director if a competitor fails to comply with the present race regulations, behaves in a dangerous manner or interferes with the

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smooth running of the event.

Marshals will be stationed along the route to ensure the safety of runners and the proper application of race rules by all competitors.

Competitors are aware of the risks involved in taking part in the event, and of the dangers of the road ahead.

5. INSURANCE AND ACCOUNTABILITY

The organization takes out insurance covering its own civil accountability as organizer, those of its employees and those of people volunteering to help organize the event. Individual accident insurance is also taken out to cover body injuries for participants themselves, as well as accidents caused to third parties.

Participants are responsible for their own medical and hospitalization expenses (personal insurance). The organization declines all responsibility for any loss, theft or damage to material or individual equipment, and cannot be held accountable under any circumstances. No reimbursement will be made if a participant withdraws during the race.

6. CANCELLATION & COMMITMENT

The organization reserves the right to modify the present rules and/or the route at any time, in order to ensure the interest and safety of the participants. In the event of force majeure, the organization reserves the right to cancel or interrupt the Longboard Freeride, and will not be entitled to any reimbursement. **Registration for the competition implies full acceptance of the present rules. Failure to comply with these rules may result in the withdrawal of the competitor's number.**

PLEASE NOTE: In the event of force majeure or bad weather, the organizers reserve the right to reschedule events. No reimbursement will be made in the event of a participant's non-attendance at the modified freeride times.

While participating in the Outdoormix Festival, you represent your sport and the event. You are therefore expected to respect the staff, the public and other participants, as well as the equipment, structures and cleanliness of the site. In the event of failure to comply with these rules of good manners, sanctions may be applied by the staff and/or judges (help with cleaning or repairs, distribution of goodies, or even criminal sanctions if the organization deems that the fault requires police intervention).

For "FULL PASS" purchasers: concert evenings are included in the pass. In the event of concert cancellation, no reimbursement will be made.

7. COMPLAINTS

Complaints concerning the conduct of the event or the behavior of other participants must be

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submitted in writing and signed by the athlete within 60 minutes of the facts being established.

8. RESPECT FOR THE ENVIRONMENT

In order to respect the environment and the natural spaces crossed, it is strictly forbidden to leave garbage (paper, packaging, plastic, etc.) on site. Garbage cans will be available and must be used by participants.

9. IMAGE RIGHTS

By participating in the Longboard Freeride during the 10th edition of the Outdoormix Festival, taking place from May 17 to 20, 2024, each participant expressly authorizes the organizer to use or reproduce their name, image, voice and sporting performance in connection with this event.